



ENERGIZE

OIL COUNTRY

ADVANCED WORD SEARCH

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Find the words hidden in the word search puzzle below.
The words may be hidden in any direction.

WORDS

- | | | |
|-------|---------|---------|
| Squat | Hike | Row |
| Jump | Crawl | Push-up |
| Skip | Climb | Pull-up |
| Throw | Roll | Sit-up |
| Walk | Stretch | Burpee |
| Jog | Sprint | Jumping |
| Run | Lunge | Jack |

H T A U Q S F I J S R K Q B L
 W C J U M P I N G U P O U L W
 W O T K Z Q O P R V M R W N A
 P S R E H V R M B O P P I P R
 Q I M H R R K P D E E K U N C
 Y J C Y T T T U E F B L S A T
 R U N F B D S H F K L S K D V
 L U N G E W F S E U R I I C J
 H U P N A B F U P P C T P Z V
 Q J Y L S W F P L H J U F B S
 L Z K E L S K S P L G P M C X
 J R X J O K L X Y O O I K R I
 N K U U U C T I J P L R M R S
 E T B K Z A W G F C K G L X B
 Q T X H L J E E K I H O Z P E